

Checklist

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Your Health Forum: Page Updates

Christopher Cirino

Your Health Forum has added three new section topics over the last month:

1. **ID Case Report Challenge**, which features challenging infectious diseases cases, photos and physical findings. Whether you are a medical student, resident or attending or just someone interested in learning more about infectious diseases, you are welcome to check out these reports. The first post of each report will outline the presentation, the examination findings and lab work and radiology along with questions. The second post will discuss the answers to the questions and review any medical condition pertinent to the case.
2. **Health News**, which will feature current health events, hot topics, debates and other concerns. These will be shorter posts that will update some of the recent health issues that are being discussed in the news and journals. These will be intended for a general audience. I will be recruiting other authors to participate in this writing.
3. **YHF Community Discussion Board**. This will feature a space for followers to ask general health questions in a discussion format. Additionally, the moderators will also prepare general questions to ask the audience.

In case you haven't found it already, there is a **menu button** (it looks like three horizontal lines) on the **right-hand side of the screen**. After clicking on this icon, a list of all the page titles will pop up. Within each of these sections are the posts. I also removed all of those obnoxious ads.

There are several types of post formats: more detailed checklist-type posts that will inform of various health topics; scholarly reports, which represent a more in-depth review on a topic; **patient information** forms, which are meant to be informative instructions on how to avoid various health conditions -- these can be printed out and used as reminders on your health journey.

I hope that you have enjoyed the development of this blog. It has truly been a pleasure and labor of love to get these important topics out to the general public. Please pass the blog site along to your friends and family. YHF is open for any comments, contributions and suggestions for this site to improve.

Sincerely,

Christopher Cirino, DO MPH

Your Health Forum Founder